

Menopur

Human Menopausal Gonadotrophin
(Menotrophin)



What is Menopur used for?

Menopur belongs to a family of hormones known as gonadotrophins, which are involved with the normal control of reproduction. Menopur contains highly purified human Menopausal Gonadotrophin (hMG) hMG contains both follicle stimulating hormone (FSH) and luteinising hormone LH and human Chorionic Gonadotrophin (hCG) found naturally in humans.

Menopur can be used to bring about development of eggs in women who are not ovulating or to stimulate the development of several eggs in women undergoing treatment such as IVF. The active ingredient is extracted from human urine, therefore the risk of transmission of a pathogen (known or unknown) cannot be completely excluded.

This medicine is available only on a doctor's prescription.

Do not use Menopur if:

- ◆ You have a history of allergy to any medicine containing hMG
- ◆ A tumours of the uterus, ovaries, breasts, hypothalamus or pituitary gland
- ◆ Ovarian enlargement or large ovarian cysts
- ◆ Unexplained vaginal bleeding
- ◆ Any physical defects of the uterus or other sexual organs
- ◆ Fibroids in the uterus, which would make pregnancy impossible
- ◆ You are pregnant
- ◆ You are breastfeeding
- ◆ Do not take Menopur after the expiry date on the package has been passed
- ◆ Do not take Menopur if the packing is torn or shows signs of tampering
- ◆ If your medicine has expired or is damaged, return it to your pharmacist/clinic for disposal

Before you use Menopur

TELL YOUR DOCTOR if you have any allergies to:

- ◆ Any other medicines
- ◆ Any other substance such as foods, preservatives or dyes
- ◆ Any other pre-existing medical conditions

TELL YOUR DOCTOR if you are taking any other medicines, including any that you buy without a prescription from your pharmacy, supermarket or health food shop.

How to use Menopur

Menopur is given as a subcutaneous injection usually below or near your navel. Your clinic nurse or doctor will explain to you how to give the injection. Menopur comes in powder form in a multi-dose vial with a syringe containing a diluent and must be reconstituted before use.

The vials come in different sizes containing 600iu and 1200iu. The dosage can vary and your clinic nurse or doctor will explain the dosage to you and you will be given instructions which detail the steps taken to self inject.

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Follow all directions given to you by your doctor or clinic nurse carefully. They may differ from the information contained in this leaflet. If you forget to take Menopur you should contact your doctor or clinic nurse immediately.

While you are using Menopur

Your doctor will monitor your response to Menopur closely by using blood tests and ultrasound.

DO NOT:

- ♦ stop using Menopur without telling your doctor
- ♦ change the dose unless your doctor or clinic nurse tells you to - changing your dose without advising your doctor can increase your risk of unwanted side effects or can prevent the drug from working properly.

Treatment with Menopur may increase your risk of multiple pregnancy.

Side effects

TELL YOUR DOCTOR or clinic nurse if you do not feel well while taking Menopur.

All medicines have side effects. Sometimes they are more serious, most of the time they are not.

The most common side effects are:

- ♦ Pain, swelling or redness at the injection site
- ♦ Headache, dizziness
- ♦ Breast tenderness
- ♦ Nausea/vomiting
- ♦ Abdominal cramps or pain
- ♦ Joint pain
- ♦ Ovarian enlargement, bloating

Less common side effects are:

- ♦ Symptoms of OHSS (ovarian hyperstimulation syndrome) which include severe abdominal pain, nausea, vomiting, diarrhoea, shortness of breath and low urine output
- ♦ Inflammation, swelling or clotting of blood vessels
- ♦ Rash or itchiness

If you are worried contact your doctor or clinic nurse.

Storage

- ♦ Menopur should be refrigerated between 2-8°C in its original packaging. Once reconstituted the solution should be stored refrigerated between 2-8°C for a maximum of 28 days but does remain stable if stored below 25°C. Do not freeze.
- ♦ **DO NOT LEAVE IN THE CAR**
- ♦ Keep this medicine where children cannot reach it

Disposal

Menopur syringes should be discarded in an appropriate disposal unit.

If you have any Menopur that has expired or is not used return it to your clinic or pharmacy.