



Patient details	Family name	First name
	Address	
	MEDICARE NO	
	DOB    /    /	<input type="checkbox"/> MALE <input type="checkbox"/> FEMALE
Hospital status of patient at specimen collection or date of service	Private patient in private hospital or approved hospital day facility	<input type="checkbox"/> YES <input type="checkbox"/> NO
	Private patient in a recognised hospital	<input type="checkbox"/> YES <input type="checkbox"/> NO
	Hospital patient in a recognised hospital	<input type="checkbox"/> YES <input type="checkbox"/> NO
	Outpatient of a recognised hospital	<input type="checkbox"/> YES <input type="checkbox"/> NO
IVFAustralia tests requested	Please tick tests requested:	
	<input type="checkbox"/> SEE Semen Analysis <input type="checkbox"/> Sperm Freezing <input type="checkbox"/> Trial Wash	<input type="checkbox"/> SAb Sperm Antibodies <input type="checkbox"/> Sperm DNA Fragmentation
Clinical notes		
	SELF DETERMINED <input type="checkbox"/>	
Requesting Doctor Provider number	Address	
	Copy to	
Doctor signature	Date    /    /	

# Semen Collection

Semen analysis is a time-critical test – Appointments are **ESSENTIAL**

These instructions are also available in Chinese and Arabic on request

<b>To arrange an appointment</b>	<p><b>Please telephone to arrange an appointment for the test requested.</b></p> <p>If you have any questions regarding the collection instructions speak with your Doctor or the Andrologist (specialist reproductive health scientist) in our clinic.</p>
<b>Collecting your sample</b>	<ul style="list-style-type: none"><li>◆ Do not ejaculate (via intercourse or masturbation) for 2 days prior to providing the semen sample. But please ensure your last ejaculation was no longer than a week ago.</li><li>◆ Do not pass urine during the half hour immediately prior to collecting the sample.</li><li>◆ Do not collect by withdrawal intercourse.</li><li>◆ Do not use oil-based lubricants or standard condoms, as they can kill sperm.</li><li>◆ Do not refrigerate or let your sample become hotter than body temperature.</li><li>◆ Use the sterile specimen container provided by the doctor or laboratory (or buy a sterile, 60ml container from the chemist).</li><li>◆ Label the jar with your name, date of birth, and the time and date of collection.</li><li>◆ Collect the ENTIRE sample by masturbation, especially the first few drops.</li><li>◆ Check that the lid of the container is screwed on firmly, and placed in a specimen bag (or a plastic bag).</li><li>◆ You or your partner can deliver it to the laboratory within ONE hour of collection if collected at home. Most men prefer to collect at home where the conditions are most favourable.</li><li>◆ If you live further than an hour's travel time away, it is possible to collect the sample at our clinic.</li></ul>
<b>Special circumstances</b>	<ul style="list-style-type: none"><li>◆ In special circumstances, please telephone the laboratory. Special non-toxic condoms can be provided in advance to help with sample collections.</li><li>◆ If "Retrograde Ejaculation" has been mentioned by your Doctor, please ring laboratory at least 2 days before producing sample, to ensure the instruction sheet can be sent to you.</li></ul>
<b>At the clinic</b>	<ul style="list-style-type: none"><li>◆ Ask to see our scientist when you arrive at the clinic. You will be asked to complete a short questionnaire regarding the sample to help our assessment.</li></ul>

## Your local IVFAustralia or The Fertility Centre clinic Ph: 1800 111 483

<b>Alexandria</b>	15 Bowden Street
<b>Canberra</b>	Level 2, 173 Strickland Crescent, Deakin
<b>Dee Why</b>	Suite 4320, Level 3, Dee Why Grand, 834 Pittwater Road (cnr Sturdee Pde)
<b>Gosford</b>	Suite 24, Level 2, 207 North Albany Street
<b>Greenwich</b>	Level 1, 176 Pacific Highway
<b>Hunter</b>	Suite 9, Cambridge Building, Newcastle Private Hospital, 14 Lookout Road, New Lambton Heights
<b>Kingswood</b>	Suite 201, Level 2, 13 Barber Avenue
<b>Kogarah</b>	Suite 15, Level 3, St George Private Hospital, South Street
<b>Liverpool</b>	Level 3, 1 Moore Street (Corner Bigge St - enter from Bigge St)
<b>Sydney City</b>	Level 1, 33 York Street
<b>Westmead</b>	Level 2, 20-22 Mons Road
<b>Wollongong</b>	Ground Floor, 21 Auburn Street