## Injecting partial doses of **Ovidrel**





Ovidrel comes in a pre-filled syringe containing. Your doctor will prescribe the dose most suited to you and your treatment. Ovidrel can be injected just beneath the skin's surface. Injections may be given by a nurse or doctor, but are easily done at home, either by you, a partner or a friend.

This leaflet provides an illustrated stepwise guide to injecting a partial dose of Ovidrel at home. Please read through carefully before your first injection. Ovidrel must be given at the correct time. Your doctor or clinic nurse will advise you of this.

Step 1	Getting Ready	Wash your hands thoroughly and prepare a clean working space.  Make sure you have everything that you will need.  Ovidrel injection  Alcohol swab  Cotton wool				e.
Step 2	Preparing the Ovidrel injection	Ovidrel does not require any special preparation, and comes as a pre-filled syringe.  Remove the grey needle cover and remove the bubbles from the syringe by pointing the needle up and tapping the syringe. Gently expel part of the contents until the required dose is left in the syringe. The syringe has the words "Ovidrel for injection" written on the side. We use the word 'injection' to judge the dosage required.				
		Dosage	Syringe position			
		1/2	Between o and n	Ovider For State of S	Half 1/2	
		1/3	Between c and t	Two	vo thirds 2/3	
Step 3	Injecting Ovidrel	You are now ready to inject the Ovidrel. The ideal place to inject is just below the navel, although your doctor or nurse may suggest an alternative site.  First clean the injection site with an alcohol wipe. Let the				

skin dry for at least one minute. Pinch your skin and insert the needle fully under the skin at 90 degrees to the skin's

Depress the plunger slowly, steadily and fully. Remove the needle  $\theta$  press down on the injection site with an alcohol wipe. Dispose of the syringe, plus needle in the sharps bin

surface.

provided.